



MARY BLACK  
HEALTH SYSTEM

## PRESS RELEASE

**For Immediate Release**  
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**Contact:** Teresa Vickers  
Mary Black Health System  
864-573-3921



Spartanburg, SC – Mary Black Health System’s Senior Circle Program is pleased to hold the 3<sup>rd</sup> annual 50+ Expo at West Gate Mall on Saturday October 17, 2009 from 8:00am to 2:00pm. The event features numerous health and commercial vendors, various health screenings and entertainment.

Health screenings begin at 8:00 am and continue to 11:00am. Blood pressure and Body Mass Index screenings will be offered free. Other blood health screenings are available upon request for a small fee. Some screenings require 12 hour fasting. You may drink black coffee or water, however.

Entertainment featuring line dancers from the Shepherd’s Center, magician Steve Holt, barbershop quartet, Not 4 Sale and others will highlight the Expo. Interactive booths, preventive health information, community resources, door prizes and much more will be a part of the Expo. For more information call 1-877-626-4362.

Mary Black Health System LLC, is an integrated health care delivery system comprised of Mary Black Memorial Hospital, Mary Black Physicians Group, and Mary Black Health Network, Inc. Mary Black has been providing health care services to Upstate residents since 1925.